

PROTECT YOURSELF AGAINST THE FLU!

NOW IS THE TIME TO GET VACCINATED AGAINST THE FLU.

READ ON FOR INFORMATION ABOUT THE SEASONAL FLU VACCINE:

- The Centers for Disease Control and Prevention recommends that everyone 6 months of age and older should get a flu vaccine each year.
- Several flu vaccines are recommended for use during the 2020-2021 flu season.
- All vaccines will protect against both Type A strains of influenza (H1N1 and H3N2) and a Type B strain. Both trivalent (three component) and quadrivalent (four component) flu vaccines will be available during the 2020-2021 flu season. The quadrivalent vaccines will also protect against the additional Type B strain.
- Getting a flu vaccine will not make you sick, but you may have minor side effects that mirror flu symptoms, lasting one to two days.
- You should get the flu vaccine as soon as it is available in your area. However, if you haven't gotten vaccinated yet, it is not too late—influenza activity can continue even into May.

A signpost with a sign that says "GET YOUR SHOT TODAY!". The sign is white with a red border and is mounted on a grey post. The background of the entire page features faint, light blue virus-like icons.

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